

Po Po Pi Pi -dance notes

You will notice in the video that we arrange the children in two groups across the room from one another, each group in a line facing the other group.

One side is the O's and the other side is the I's

When you sing the 'Po Po' part, the O's make an 'O' shape with their arms and come in for 4 counts and then they return to starting position for 4 counts.

When you sing the 'Pi Pi' part, the I's make an 'I' shape with their arms up high and come in for 4 counts and then they return to starting position for 4 counts.

After doing that a few times you can switch sides so the I's become the O's and they start the sequence again.

After that you can start to make up ideas to act out. For example, the 1st group chooses an animal like cats and they move in and out like cats and sing 'meow' instead of Po Po and the 2nd group chooses an animal somehow related to cats, so maybe dogs and they move in and out like dogs and sing 'woof' instead of Pi Pi. Then the first group finds a new animal and it continues. After a while, you can switch roles so that the other group starts.

Keep it relaxed, we've noticed that this format can charge up the children so keep it fun and sweet so it doesn't get too strong between them.

Enjoy!

